



MAY CALENDAR - STRATHROY

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Men's Group 10:00am-12:00pm Lunch 12:00-1:00pm CHARADINARY 1:00-2:30PM	2 Art Program 12:00-2:30pm
5 No Program	6 Lunch 12:00-1:00pm Shuffleboard 1:00-2:30pm	7 No Program	8 Men's Group 10:00am-12:00pm Lunch 12:00-1:00pm Bingo 1:00-2:30pm	9 Art Program 12:00-2:30pm
12 Mindful Hikes 1:00-3:00pm	13 Lunch 12:00-1:00pm Shuffleboard 1:00-2:30pm	14 Gardening 10:00am-12:00pm	15 Men's Group 10:00am-12:00pm Lunch 12:00-1:00pm Battle of the Generations 1:00-2:30pm	16 Art Program 12:00-2:30pm
19 VICTORIA DAY Site Closed	20 Gardening 10:30-11:30am Lunch 12:00-1:00pm Shuffleboard 1:00-2:30pm	21 No Program	22 <u>No</u> Men's Group Gardening 10:30-11:30am Lunch 12:00-1:00pm Jeopardy 1:00-2:30pm	23 Pottery Fun 12:00-2:30pm Part 1
26 Mindful Hikes 1:00-3:00pm	27 Gardening 10:30-11:30am Lunch 12:00-1:00pm Shuffleboard 1:00-2:30pm	28 No Program	29 Men's Group 10:00am-12:00pm Lunch 12:00-1:00pm Lawn games 1:00-2:30pm	30 Pottery Fun 12:00-2:30pm Part 2

All Community Wellness Programs are by registration only | Please call: 519-245-0120 ext. 3241