



# ELGIN JANUARY 2025 CALENDAR

## MONDAY

Phone Us at  
1-855-855-2642 (CMHA),  
ext .1141 OR  
Email Us at  
CWP.Elgin@cmhatv.ca

Talbot House Time 9-2 <sup>6</sup>  
Housemeeting 9:30am  
Rock Talk 1pm

Talbot House Time 9-2 <sup>13</sup>  
Rock Talk 1pm

Talbot House Time 9-2 <sup>20</sup>  
Rock Talk 1pm

Talbot House Time 9-2 <sup>27</sup>  
Birthday Bash 1pm

## TUESDAY

Peer Support On Site  
Tuesdays and Fridays  
9-12pm

Talbot House Time 9-12 <sup>7</sup>  
Bowling 1pm

Talbot House Time 9-12 <sup>14</sup>  
Women's Group  
1-3pm

Talbot House Time 9-12 <sup>21</sup>  
Bowling 1pm

Talbot House Time 9-12 <sup>28</sup>  
Men's Group  
1-3pm

## WEDNESDAY

<sup>1</sup>  
HAPPY NEW YEAR!  
Centre Closed

Talbot House Time 9-12 <sup>8</sup>  
Winter Walk 10am  
Diamond Art 1:00

Talbot House Time 9-12 <sup>15</sup>  
Winter Walk 10am  
Diamond Art 1:00pm

Talbot House Time 9-12 <sup>22</sup>  
Winter Walk 10am  
Diamond Art 1:00pm

Talbot House Time 9-12 <sup>29</sup>  
Winter Walk 10am  
Budgeting Workshop 1pm

## THURSDAY

Talbot House Time 9-12 <sup>2</sup>  
Year in Review 10am

Talbot House Time 9-12 <sup>9</sup>  
Numbers Game  
1pm

Talbot House Time 9-12 <sup>16</sup>  
Crafty Afternoon  
1:30pm

Talbot House Time 9-12 <sup>23</sup>  
Karaoke 1pm

Talbot House Time 9-12 <sup>30</sup>  
Leisure Awareness  
1:00-3:30pm

## FRIDAY

Talbot House Time 9-12 <sup>3</sup>  
Soups On 10am

Talbot House Time 9-2 <sup>10</sup>  
Soups On 10am  
Count Your Laps 10am



<sup>17</sup>  
Centre Closed

Talbot House Time 9-2 <sup>24</sup>  
Soups On 10am  
Euchre Tournament 10am

Talbot House Time 9-2 <sup>31</sup>  
Soups On 10am  
Count Your Laps 10am

