

07

JULY

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Canada Day No Programs Running 	2 Social Stroll 9:30-10:30am Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Treasure it Tue.Sday 1:30-3pm Chit Chat Circle 2-3:30pm	3 Drop-In closed	4 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Lucky Numbers 1-3pm	5 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Variety Friday 1-3pm
8 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm	9 Social Stroll 9:30-10:30am Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Treasure it Tue.Sday 1:30-3pm Chit Chat Circle 2-3:30pm	10 Drop-In closed	11 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Lucky Numbers 1-3pm	12 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Color our walls Paint Day 1-3pm
15 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm	16 Social Stroll 9:30-10:30am Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Treasure it Tue.Sday 1:30-3pm Chit Chat Circle 2-3:30pm	17 Drop-In closed	18 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Lucky Numbers 1-3pm	19 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Karaoke Day 1-3pm
22 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm	23 Social Stroll 9:30-10:30am Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Treasure it Tue.Sday 1:30-3pm Chit Chat Circle 2-3:30pm	24 Drop-In closed	25 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Drop-In House Meeting 1-3pm	26 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Peer Led Workshop: Self-Esteem 1-3pm
29 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm	30 Social Stroll 9:30-10:30am Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Treasure it Tue.Sday 1:30-3pm Chit Chat Circle 2-3:30pm	31 Drop-In closed	Drop-In	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Canada Day No Programs Running 	2	3 BrightSide Youth Hub, 2-5pm 40 Metcalf St, Woodstock	4	5
8 Shower Program 10-11:30am NPLC 19 King St. E., Ingersoll Wellness Social 1-3pm Ingersoll Library, 130 Oxford St. Ingersoll	9	10 BrightSide Youth Hub, 2-5pm 40 Metcalf St, Woodstock	11	12
15 Shower Program 10-11:30am NPLC 19 King St. E., Ingersoll Wellness Social 1-3pm Ingersoll Library, 130 Oxford St. Ingersoll	16	17 BrightSide Youth Hub, 2-5pm 40 Metcalf St, Woodstock	18 Wellness Social 10-11am Tiltsontburg Library: 2 Library Lane, Tiltsontburg	19
22 Shower Program 10-11:30am NPLC 19 King St. E., Ingersoll Wellness Social 1-3pm Ingersoll Library, 130 Oxford St. Ingersoll	23	24 BrightSide Youth Hub, 2-5pm 40 Metcalf St, Woodstock	25	26
29 Shower Program 10-11:30am NPLC 19 King St. E., Ingersoll Wellness Social 1-3pm Ingersoll Library, 130 Oxford St. Ingersoll	30	31 BrightSide Youth Hub, 2-5pm 40 Metcalf St, Woodstock	Outreach	