

MON

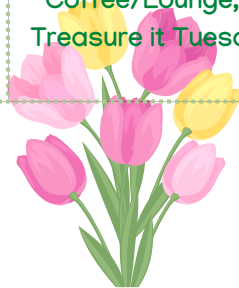
TUE

WED

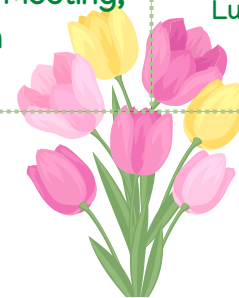
THU

FRI

		1 Drop-in closed	2 Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Lucky Numbers, 1-3pm	3 Mindful Activity, 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm
6 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Peer Led Workshop 1-3pm	7 Social Stroll, 9:30-10:30am Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Treasure it Tuesday, 1:30-3pm	8 Drop-in closed	9 Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Lucky Numbers, 1-3pm	10 Mindful Activity, 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm
13 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Peer Led Workshop 1-3pm	14 Social Stroll, 9:30-10:30am Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Treasure it Tuesday, 1:30-3pm	15 Drop-in closed	16 Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Lucky Numbers, 1-3pm	17 Mindful Activity, 10-10:30am Coffee/Lounge 10:30-12pm Game Day 1-3pm
20 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Peer Led Workshop 1-3pm	21 Social Stroll, 9:30-10:30am Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Treasure it Tuesday, 1:30-3pm	22 Drop-in closed	23 Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Lucky Numbers, 1-3pm	24 Mindful Activity, 10-10:30am Coffee/Lounge 10:30-12pm PAINT DAY 1-3pm
27 Mindful Activity 10-10:30am Coffee/Lounge 10:30-12pm Peer Led Workshop 1-3pm	28 Social Stroll, 9:30-10:30am Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Treasure it Tuesday, 1:30-3pm	29 Drop-in closed	30 Mindful Activity, 10-10:30am Coffee/Lounge, 10:30-12pm Drop-In House Meeting, 1-3pm	31 Mindful Activity, 10-10:30am Coffee/Lounge 10:30-12pm Lucky Numbers 1-3pm



May 2024 (Drop-In)



MON

TUE

WED

THU

FRI

		Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	
Shower Program, 10-11:30am (Ingersoll) Wellness Social, 1-3pm (Ingersoll)	Chit Chat Circle, 2-3:30pm (Woodstock Library)	Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	
Shower Program, 10-11:30am (Ingersoll) Wellness Social, 1-3pm (Ingersoll)	Chit Chat Circle, 2-3:30pm (Woodstock Library)	Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	
Shower Program, 10-11:30am (Ingersoll) Wellness Social, 1-3pm (Ingersoll)	Chit Chat Circle, 2-3:30pm (Woodstock Library)	Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	
Shower Program, 10-11:30am (Ingersoll) Wellness Social, 1-3pm (Ingersoll)	Chit Chat Circle, 2-3:30pm (Woodstock Library)	Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	
Shower Program, 10-11:30am (Ingersoll) Wellness Social, 1-3pm (Ingersoll)	Chit Chat Circle, 2-3:30pm (Woodstock Library)	Peer Group Facilitation Workshop 1:30-2:30pm Brightside Youth Hub, 2-5pm	Wellness Social (Tillsonburg) 10-11am	



May 2024 (Outreach)