



my  
sisters'  
place



# WINTER NEEDS LIST

- Shampoo & Conditioner
- Liquid Body Wash
- Deodorant
- Razors
- Hand Lotion
- Hair brushes, Pony Tail Holders
- Personal Wipes
- Lip Balm
- Warm Gloves
- Period Products (pads and tampons)
- Poise Pads
- New Underwear (sizes XS, S, M)
- Warm Socks
- Hand Warmers / Foot Warmers
- Blankets (Arctic Fleece - warm, easy to roll up and easy to launder)
- Adult Bus Tickets
- \$5 Tim Hortons Gift Cards
- \$10 Gift Cards for anywhere groceries are sold (Giant Tiger, Walmart, Dollarama, any grocery chain)